



	<b>NAME:</b>	
	<b>MEDICAL DIAGNOSIS</b>	Asthma
	<b>DOB:</b>	
	<b>Class:</b>	
	<b>Address:</b>	

<b>FAMILY CONTACT INFORMATION:</b>	Phone:	Mobile:	Work :
<b>Mum</b>			

<b>HOSPITAL CONTACT</b>		Phone:
<b>FAMILY GP</b>		Phone:

The symptoms are :	Action to be taken
<ul style="list-style-type: none"> <li>Persistent cough when at rest</li> <li>Wheezing sound coming from the chest (when at rest)</li> <li>Difficulty in breathing (excessive inhalation)</li> <li>Nasal flaring</li> <li>Unable to talk or complete sentences. Some children may go very quiet.</li> <li>May say their chest "feels tight" – possible tummy ache</li> </ul>	<ul style="list-style-type: none"> <li>Keep calm and reassure the child.</li> <li>Sit the child down.</li> <li>Use the child's own inhaler/spacer – if not available, use the emergency inhaler/spacer.</li> <li>Supervise the child taking 2 puffs of salbutamol via the spacer.</li> <li>Most children will feel better and resume activities but if no immediate improvement:               <ul style="list-style-type: none"> <li>✓ Continue to give 2 puffs every 2 minutes to a maximum of 10 puffs (at this stage child may experience shaking, this is not unusual).</li> <li>✓ Contact parents to inform them of the situation.</li> <li>✓ If child does not feel better and you are worried at any time before reaching 10 puffs call 999.</li> <li>✓ If an ambulance does not arrive in 10 minutes give another 10 puffs in the same way.</li> </ul> </li> </ul>

<b>Additional Notes :</b>
<p>Call an ambulance immediately and commence the asthma attack procedure without delay if the child:</p> <ul style="list-style-type: none"> <li>Appears exhausted</li> <li>Has a blue/white tinge around their lips</li> <li>Is going blue</li> <li>Has collapsed</li> </ul>

My child's asthma trigger(s) is:

**Declaration**

**This care plan was drawn up by Mrs S Hardaker and parents in**

**I agree to the above Care plan.**

**I agree that St Andrew's Church of England (VA) Infant School will not be held responsible as long as the above stated procedures have been followed.**

**Parent:**

**Date:**

**Head of School:**

**Date**