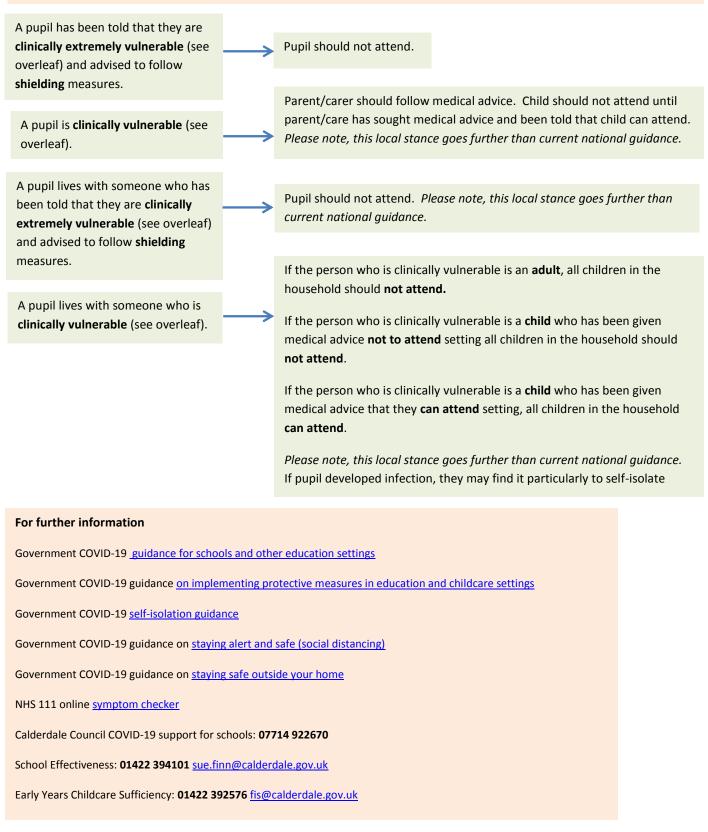


COVID-19 – Guidance for education settings on pupil attendance and clinical vulnerability V2 1.6.20

If a pupil or someone in their household has symptoms of COVID-19, please refer to accompanying flow chart on *people displaying symptoms*.

COVID-19 symptoms: high temperature *or* new, continuous cough *or* loss or change to your sense of smell or taste.

NHS 111 online symptom checker: <u>111.nhs.uk/covid-19</u>



Definitions

Clinically extremely vulnerable

People who are clinically extremely vulnerable will have received a letter telling them they're in this group or been told by their GP. This group are strongly advised to stay at home at all times and avoid any face-to-face contact. This is called "shielding". See guidance, <u>here</u>.

Clinically vulnerable

Clinically vulnerable people are those who are:

- aged 70 or older (regardless of medical conditions)
- under 70 with an underlying health condition listed below (that is, anyone instructed to get a flu jab each year on medical grounds):
- chronic (long-term) mild to moderate respiratory diseases, such as asthma, chronic obstructive pulmonary disease (COPD), emphysema or bronchitis
- chronic heart disease, such as heart failure
- chronic kidney disease
- chronic liver disease, such as hepatitis
- chronic neurological conditions, such as Parkinson's disease, motor neurone disease, multiple sclerosis (MS), or cerebral palsy
- diabetes
- a weakened immune system as the result of certain conditions or medicines they are taking (such as steroid tablets)
- being seriously overweight (a body mass index (BMI) of 40 or above)
- pregnant women

This group are at higher risk of severe illness from coronavirus. They are advised to stay at home as much as possible and to take particular care to minimise contact with others outside their household.

General messages

Education settings can help reduce the spread of coronavirus (COVID-19) by reminding staff, children, pupils, students and families of key Government advice:

Hygiene

- Wash hands more often than usual, for 20 seconds, using soap and water
- For coughs and sneezes: <u>catch it, bin it, kill it</u>
- Avoid touching eyes, nose and mouth with unwashed hands
- Clean and disinfect regularly touched objects and surfaces more often than usual using your standard cleaning products

Social distancing

- stay at home as much as possible when not attending school
- limit contact with other people
- keep your distance if you go out (2 metres apart where possible)
- wash your hands regularly
- Self-isolate if you or anyone in your household has symptoms

Travel

- Avoid using public transport
- Travel on foot or by bicycle if possible