

# Keeping Families safe in Calderdale

My child has a **runny nose** and **sore throat**. Should I keep them at home? Should they be tested for COVID-19?

Does your child also have **any** of the following symptoms?

fever (temperature of 37.8 or higher)  
new, continuous cough  
loss or change to sense of smell or taste

**Yes**



Keep your child at home and arrange for them to have a test for COVID-19

Your household must self-isolate until you have the results of the test

**No**



If your child is feeling well enough, they can attend school or childcare

Get in touch with us for help and support

- If your child is under 5 years old contact the Calderdale Public Health Early Years Service: **0300 304 5076**
- If your child is school-aged contact Healthy Futures Calderdale: **0303 330 9974** or text **0750 733 2157**



To arrange a test go to [111.nhs.uk/covid-19](https://111.nhs.uk/covid-19) or call 119

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