

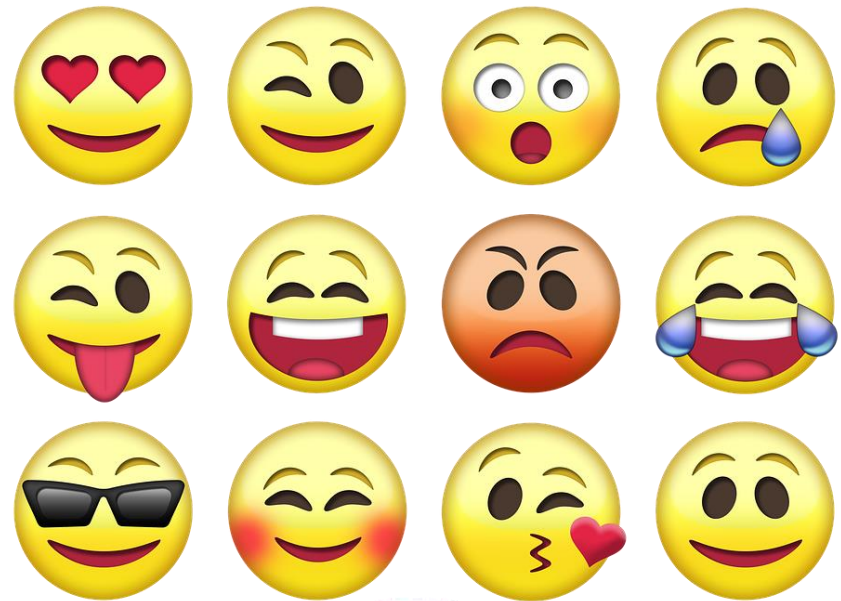
## Supporting children to develop their social and emotional skills

At St Andrew's our vision is providing excellence in a caring, Christian community. We regard the health & well-being of everyone in our school as of highest importance. By applying this vision to our work practices, we aim to provide mental well-being and prevent stress by providing a supportive culture. We recognise that emotional health is equally as important as physical health and we are committed to doing everything we can to ensure everyone is able to thrive.

Before any interventions begin, staff and pupils will complete a short assessment. This will be repeated at the end of the sessions to measure impact. Parents/carers will be informed, where applicable.

Below is a table of our current interventions. **Some of these interventions will operate slightly different to normal at the moment while we ensure a COVID safe delivery as per our COVID risk assessment.**

Intervention	Intended Outcomes	Duration	Delivery	Facilitator
Friendship	To build trusting, positive friendships To build confidence & understand what a good friend is.	1 session a week 20-30 min.	Small Group Maximum of 6	Learning Mentor
Self- esteem	To help children overcome difficulties, develop confidence and resilience.	1 session a week 20-30 min.	Small Group Maximum of 6	Learning Mentor
Lunch time group	A social group to support children who struggle at lunchtime giving them a calm and comfortable space to help adapt to the busyness of lunchtime.	Daily 30 min	Small group working inside and outside at lunchtime.	Learning Mentor
Game skills	To teach children safe and appropriate game to play during lunch and playtime avoiding falling out.	1 session a week	Small Group target child and good role models.	Learning Mentor
Rainbows	To support children who have suffered significant loss through death or separation.	1 session a week 20-30 min	Small Group of 2-5 children	Learning Mentor



St. Andrew's CE (VA) Infant School

Promoting excellence within a caring, Christian community