



# NEWSLETTER



# 2

29th September 2023

Tel: 01484 714964

[www.st-andrews-inf.calderdale.sch.uk](http://www.st-andrews-inf.calderdale.sch.uk)

## Diary Dates

**Monday 2nd October**  
8:45am – 9:00am  
Pre-Loved Uniform Sale

**Tuesday 3rd October**  
9:00am – 10:00am  
Y1 & Y2 Phonics Family Learning

**Thursday 5th October**  
9:05am – 9:30am  
Class 5 Family Worship

**Friday 6th October**  
9:40am – 10:40am  
Y1 & Y2 Phonics Family Learning (repeat)

**Monday 9th October**  
9:00am – 10:00am  
Maths Family Learning

**Tuesday 10th October**  
Individual School Photographs

**Wednesday 11th October**  
9:05am – 9:35am  
Harvest Festival Worship  
(parents/carers welcome)

**Thursday 12th October**  
9:05am – 10:00am  
Parents/Carers Coffee Morning

**Friday 13th October**  
9:05am – 9:30am  
Class 4 Family Worship

Let me encourage you to join in with the life of the school as soon as possible. Our newsletters are usually fortnightly and they are a really important way of keeping you informed as to what is happening in school. The previous newsletters and diary dates can be found on our website. Our staff are running 'fun family learning sessions' during the year– I encourage you to sign up for these. Please do take the time to read and make a note of any dates that are relevant to your child. If you are unsure if it involves them, just ask! Other events will be added via our newsletters throughout the year. We do our best to keep these as they are but sometimes, due to unforeseen circumstances, some dates may need to change. Other ways that we keep in touch are by our texting service and by the school Facebook page: **St Andrew's Infant School** and our website: [www.st-andrews-inf.calderdale.sch.uk](http://www.st-andrews-inf.calderdale.sch.uk)



We also host coffee morning events during the year. There is no need to book onto these, you can just drop in and join us. These are an opportunity for you to meet other parents and carers along with our pastoral staff - Mrs Wood and Miss Kerry. We invite other services and professionals to attend these to talk about how they can support our families. Watch out for these dates on future newsletters.



We are a friendly welcoming team and have an open-door policy. If you are concerned about anything, please speak to your child's teacher either in person or by contacting the office – staff will ring you back when available. I am also available to deal with any concerns if your class teacher is unable to assist.

## STOP PRESS – Our CARING vision in action

Congratulations to our Learning Mentor who was awarded 'Carer of the Year' at the Heart Radio Awards. This award was nominated by a parent and is tremendously well deserved! Thank you for recognising that Mrs Wood goes above and beyond for our children and families.



We are all looking forward to a happy and exciting year ahead and working together with you to achieve the best for your child. 😊

Mrs Swallow, Head of School

## We Keep Children Safe By...

...reminding parents/carers to inform the school if someone different is collecting their child/children from school. In line with our safeguarding policy, we will not allow children to go home with an adult who does not have parental responsibility unless we have been informed prior to collection by the parent/carer. Please contact the office to inform school.

Thank you for your cooperation.

## Supporting You

Remember to be kind to yourselves and don't compare yourself to other parents you see online. Mrs Wood, our Learning Mentor, is available if you want to talk, text or ring the office or see her in the playground to arrange a chat.

Click [here](#) to take a look at this useful guide.

## Reception 2024 Open Day – Thursday 26<sup>th</sup> October

We have our Open Day for parents/carers with children starting in Reception in September 2024 on **Thursday 26<sup>th</sup> October from 10:00am – 12:00pm or 1:30pm – 4:30pm.**

Please can you share this date with any family, friends or neighbours with children starting school in September 2024.

Please encourage them to contact the Infant School by phone 01484 714964 or by email [admin@st-andrews-inf.calderdale.sch.uk](mailto:admin@st-andrews-inf.calderdale.sch.uk) to book tours of the Infant and Junior Schools site.

Current Year 2 children and parents/carers will have the opportunity to visit the Junior School later in the year.

Please see the flyer attached to this newsletter for more **OPEN DAY** information. **OPEN DAY**

### Harvest Donations

As you may know, we are coming into our time of Harvest. Each year, as a school, we like to give back to our community by giving donations to charities. Our chosen charities this year are the local Brighthouse Foodbank and Calderdale Smart Move.

We would be grateful for any food donations (such as canned foods, pasta, sauces etc) that we can send to them. We will be collecting these in school from **Monday 2nd October** until **Friday 6<sup>th</sup> October**. Please send these in with your child who will put them in the hall. We ask that you only send **non-perishables**.



Thank you in advance for your support and generosity.

### School Photographs

On **Tuesday 10<sup>th</sup> October**, children will have their individual school photos taken. Please ensure your child comes wearing full St Andrew's Infant School uniform, including a jumper or cardigan.

Children who already have siblings at the Infant School will have the opportunity to have a photo taken together within the school day. If your child has a sibling who does not attend the Infant School and you would like them to have a photo together, **please come to the school office for 8:30am**.

These photographs will be available to purchase soon. Your child will come home with a proof in the weeks following the photographs.



### Scooters and Bikes

If your child goes to an after-school activity such as Lego Club, we ask that they **do not** bring their scooter or bike to school that day due to the gates being locked by the time the club finishes. This does not include Kid's Club.



Thank you for your understanding.



### Mobile Phones in School

As our Family Worshipers have begun again, we would like to remind you that the use of mobile phones in school is **strictly prohibited**. We ask that phones are either turned off or silenced and must be kept in your bag or pocket whilst in school. However, if your child has received a certificate and you would like to take a photo, we allow this to happen once the hall is clear and the child is stood against the piano. There will be a staff member in the hall to orchestrate this.

### Colder Weather

Please send your child into school with a warm and waterproof coat every day. Autumn days bring changeable weather and the children will still play out. Please make sure all clothing items are clearly named so they can be returned to the right child if they get lost.



### Pre-Loved Uniform Sale

We will be holding a pre-loved uniform sale in the playground before school on Monday 2<sup>nd</sup> October. Items will be available for a small fee of up to 50p per item.

Please come along if your child needs any uniform.



### Chat Around the Table

I wonder can we give without expecting to receive back?

- How can we be generous with our words?
- How can we be generous with our actions?
- How can we be generous with our time?
- How can we be generous with our talents?



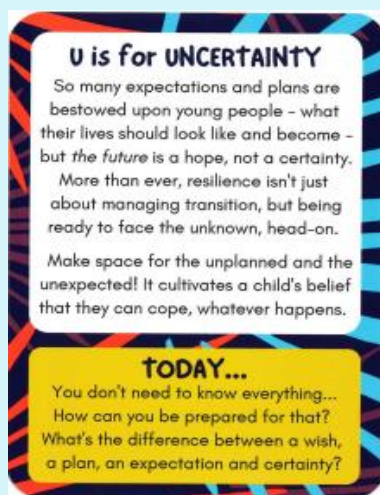
Why not watch and discuss the story of Stone Soup together?

<https://www.youtube.com/watch?v=BZf60cb3Th8>

Who showed generosity?

### Every Mind Matters

The focus this time is 'Uncertainty & Peace'. Why not have a go at these activities:



Feel your way to peace by tracing a path around the thumb and fingers with a finger from your other hand. Breathe in and out as you move up and down the fingers.

p.42

### Worship Welcomers

We would like to introduce you to our 'Worship Welcomers' for this year. These children help prepare the hall, guide and direct their fellow students into worship, holding doors open into the hall, helping make sure children are settled and providing a friendly face at worship.

#### Class 5

Annabelle  
Alyssa  
Connie  
Freddie  
Evie  
Esmail



#### Class 6

Zara  
Annie  
Luca  
Kyah  
Arlo  
Layla  
Henry

### Lunchtime Ambassadors

We would also like to introduce our lunchtime ambassadors for this year. The ambassadors help children line up for lunch, assist with keeping the hall tidy over dinner time, are 'playground buddies' and are excellent role models for the other children.

#### Class 5

Grace  
Jax  
Lucas  
Bella  
Henry  
Jacob  
Jude  
Edward  
Zac  
Hettie



#### Class 6

Niamh  
Bobby  
Olive  
Isla  
Oliver  
Ruby  
Annie  
Harry  
Gracie  
Isabella

A warm welcome to all and thank you for all your hard work! You are helping to share our CARING vision.

### Year 2 Transitional Visits & Meetings

We have a carefully detailed programme of transition events which was praised by OFSTED in our recent inspection.

#### [Ofsted Report](#)

***"Leaders make thoughtful and thorough arrangements for pupils' transition to their next phase of Education. Pupils are excited to move on to the Junior School"*** - OFSTED June 2023. In the summer term, all Year 2 children will have a series of visits to the Junior School. Children with additional needs have extra visits organised by our joint SENDCo, Mrs Marsden. Parents and carers will be invited to tour the Junior School and meet the staff during the summer term, date to follow in future newsletters.

### Educational Visits and Visitors

In the upcoming weeks, each year group will receive information about their educational visit as well as visitors in school for the year. Please read this letter carefully and contact school if you have any questions or any issues with payment. We will send reminders out regarding the off-site trip details nearer the time.



### KS1 Topic Showcases

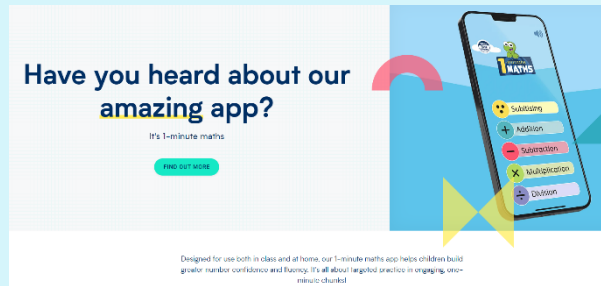
Year 1 are holding a Topic Showcase for parents/carers/grandparents on **Wednesday 25<sup>th</sup> October at 2:30pm** and Year 2 are holding theirs on **Tuesday 24<sup>th</sup> October at 2:30pm**. We would love you to join us to see what your child has been learning across their subjects. If you're attending, please come to the school office at 2:30pm on the day to sign in. We look forward to seeing you!



## Magical Maths

A really useful app that all year groups can access at home is the White Rose Maths One Minute Maths app. It can be found by following this link: [1-Minute Maths App | White Rose Maths](#)

The app helps children increase their speed, fluency and recall in a fun and competitive way.



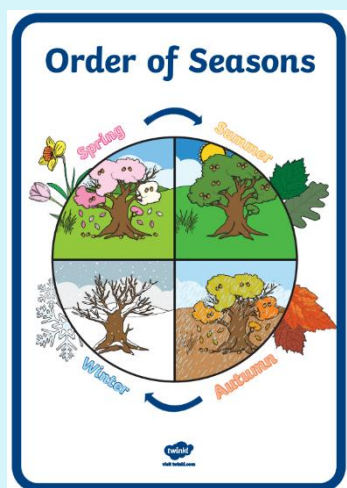
Another website that has many great games and activities for children to access at home is Topmarks. (Link: [Key Stage 1 Maths - Topmarks Search](#))

This week in our Magical Maths, we would like all the children to focus on days of the week and months of the year. All the children can learn when their birthday is and for the KS1 children, they could have a go at writing it down too. An extra challenge could be the children also knowing the year they were born in.



The children need to know the days of the week and months of the year in order. They also need to be aware of week days and weekend days. It is also good to discuss with the children on what days they might have clubs or do certain things in their weekly routine.

You could also talk to the children about the seasons and changes that happen in the different seasons. It would also be good to tell children about when key events happen in the year like, family members' birthdays, Christmas, Easter, Bonfire Night and Summer holidays. For the children in Year 2, you could also share the rhyme below about how many days in each month.





Dear Lord,

Children in the streets, children in houses, give them love, give them a true home.

They are gifts of the Lord to every parent on earth. They are precious little ones who love with a big heart.

Give them love, give them a home. For they deserve a life they can call their own.

Amen

## OUR SCHOOL VISION

Promoting excellence within a  
caring, Christian community

**Confident** - We embrace challenge and  
persevere

**Aspire** - We aim high

**Respectful** - We are friends and  
cherish God's world

**Inclusive** - We welcome everyone and  
are all of equal worth

**Nurturing** - We look after each other  
so we can all flourish

**Generous** - We give to each other and  
our community



"Love each other as I have loved  
you."

John 15:12

Our  
excellent  
OFSTED reports are  
on our websites

Promoting  
excellence  
within a caring,  
Christian community

## St. Andrew's CE (VA) Infant School

Lightcliffe Road, Brighouse, HD6 2HH

Tel: 01484 714964

Email: [admin@st-andrews-inf.calderdale.sch.uk](mailto:admin@st-andrews-inf.calderdale.sch.uk)

Executive Headteacher: Mrs Karen Smith



## St. Andrew's CE (VA) Junior School

Waterloo Road, Brighouse, HD6 2AN

Tel: 01484 712895

Email: [admin@standrews.calderdale.sch.uk](mailto:admin@standrews.calderdale.sch.uk)

Executive Headteacher: Mrs Karen Smith



# OPEN DAY

## PLACES FOR SEPTEMBER 2024

Thursday 26th October 2023

**10:00am - 12:00pm or 1:30pm - 4:30pm**

Come and join us on our open day. See our children and staff during a normal school day at both schools (Infant and Junior). **Please call to reserve a place.**

### In April 22, OFSTED said:

"Pupils are happy and enthusiastic learners. They are proud of their work and love to talk about what they know and remember."

"Learning in every subject starts in the Reception class. The curriculum gives children a firm foundation on which to build future learning."

"Pupils say they are all good friends and love playing together. They enjoy helping others."



### Both schools offer Wrap Around Care

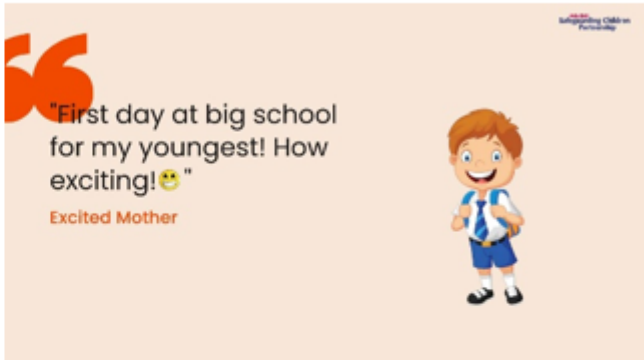

**Infant School: 7:30am— 5:30pm**

**Junior School: 7:45am— 6:00pm**



**Applications for Reception 2024 open on Friday 17th November 2023  
& close on Monday 15th January 2024**

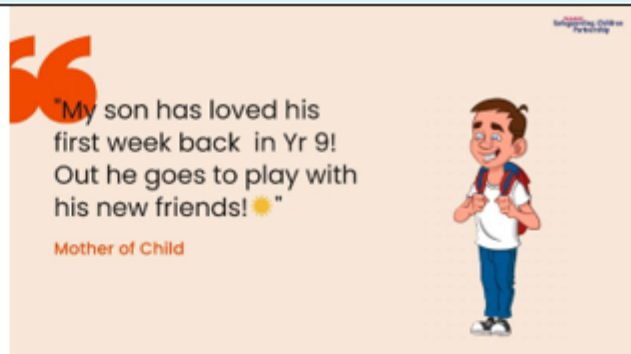


Text	Graphic
<p>Are you a parent/carer taking photos of your little ones starting or returning to school...</p> <p>REMEMBER, take a moment to check your privacy settings before sharing and keep personal information personal!</p> <p>#backtoschool #noschoollogo #nohousenumber #nofriendsfaces</p> <p><b>OR</b></p> <p>Does your child have a personalised backpack? Do they have a keyring on their school bag with their name or initials on it?</p> <p>This information is personal to your child &amp; sharing a photo which includes it could be dangerous.</p> <p>Keep personal information personal.</p> <p>#backtoschool</p>	 <p>The graphic features a large orange number '66' in the top left corner. To its right, the text reads: "First day at big school for my youngest! How exciting! 😊". Below this, it says "Excited Mother". On the right side of the graphic is a cartoon illustration of a young boy with brown hair, wearing a blue school uniform with a white shirt and tie, and carrying a blue backpack. In the top right corner, there is a small logo for "Safeguarding Children Partnership".</p>
<p>When posting your child's #backtoschool photos, remember:</p> <ul style="list-style-type: none"> <li>- Hide/blur out the school logo</li> <li>- Ensure only your child's face is in the photo</li> <li>- Don't include personal details for example house numbers, school name, street names, etc</li> </ul> <p>#backtoschool #keepitpersonal #safeguarding</p> <p><b>OR</b></p> <p>Posting a photo of your child returning or starting school may not be too revealing if you've ensured their safety.</p> <p>However, information you put in the caption may be more harmful than you know.</p> <p>#noschoollogo #nostreetnames #keepitpersonal #backtoschool</p>	 <p>The graphic features a large orange number '66' in the top left corner. To its right, the text reads: "School holidays have been fun! Back to school for the kids! 😊". Below this, it says "Father of Child". On the right side of the graphic is a cartoon illustration of a young girl with brown hair in pigtails, wearing a blue school uniform with a white shirt and tie, and carrying a purple backpack. In the top right corner, there is a small logo for "Safeguarding Children Partnership".</p>

Everyone's proud of their children, but there are ways to be proud and sensible at the same time.

Protect your child by not revealing information that is personal to their school, home or the area they live in.

#keepitpersonal #safeguardingchildren #backtoschool



If you are posting #backtoschool pictures of your child, stay safe.

Do not mention their name or the school's name.

Keep the logo of the school hidden.

Check your privacy settings to protect your child.

Don't post photos of other people's children.

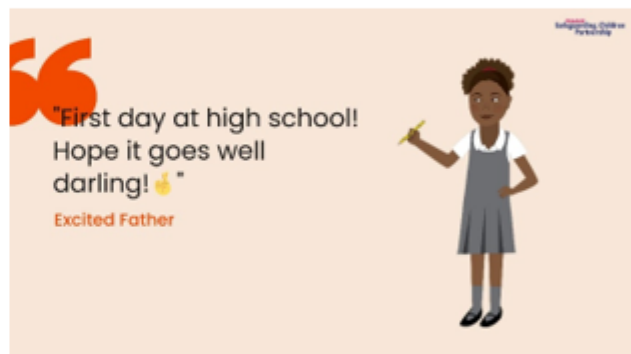
#safeguardingchildren

**OR**

Posting a photo of your child returning or starting school may not be too revealing if you've ensured their safety.

However, information you put in the caption may be more harmful than you know.

#noschoollogo #nostreetnames #keepitpersonal  
#backtoschool





# **THE GREATEST SMALLEST CALDER VALLEY BRICK SHOW**

**OCTOBER 28TH TO NOVEMBER 11TH**

**VENUE: BRICK SHACK TOY SHOP  
UPSTAIRS INSIDE MY SECURE SELF STORE  
BIRDS ROYD LANE, BRIGHOUSE, HD6 1LQ**

**A SMALL SELECTION OF  
MODELS CREATED BY  
CHILDREN AGED 5 TO 18**

**FOR MORE INFORMATION  
AND TO REGISTER VISIT  
[WWW.BRICKWORKSHOPS.CO.UK](http://WWW.BRICKWORKSHOPS.CO.UK)**

**THIS EVENT IS ORGANISED BY **BRICKTOPIA****

THE TRADING NAME OF CALDERBRICK LTD - REGISTERED IN ENGLAND AND WALES (09089700)

**[WWW.FB.COM/CLUBBRICKTOPIA](http://WWW.FB.COM/CLUBBRICKTOPIA)    [WWW.CLUBBRICKTOPIA.CO.UK](http://WWW.CLUBBRICKTOPIA.CO.UK)**

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which does not sponsor, authorise or endorse our activities.



# What Parents & Carers Need to Know about

# WHATSAPP

AGE RESTRICTION  
**16+**  
in UK and Europe;  
rest of the world 13+

...MSG ME...

## WHAT ARE THE RISKS?

With more than two billion active users exchanging texts, photos, videos and documents, as well as making voice and video calls, WhatsApp is the world's most popular messaging service. Its end-to-end encryption only allows messages to be viewed by the sender and any recipients: not even WhatsApp itself can read them. This privacy issue has been in the spotlight recently, as the UK's Online Safety Bill proposes to end such encryption on private messaging; WhatsApp is unwilling to do so and has reportedly considered withdrawing its service in the UK should this legislation go ahead.

## EVOLVING SCAMS

WhatsApp's popularity makes it a lucrative hunting ground for scammers. Recent examples include posing as the target's child, requesting a money transfer because of a spurious 'emergency'. Plus a scam where fraudsters trigger a verification message by attempting to log in to your account, then (posing as WhatsApp) call or text to ask you to repeat the code back to them, giving them access.

## CONTACT FROM STRANGERS

To start a chat, someone only needs the mobile number of the WhatsApp user that they want to message. If your child has ever given their number out to someone they don't know, that person could then contact them via WhatsApp. It's also possible that your child might be added to a group chat (by one of their friends, for example) containing other people that they don't know.

## FAKE NEWS

WhatsApp's connectivity and ease of use allows news to be shared rapidly – whether it's true or not. To combat the spread of misinformation, messages forwarded more than five times on the app now display a 'Forwarded many times' label and a double arrow icon. This makes users aware that the message they've just received is far from an original – and might not be entirely factual, either.

## ONLINE

## 'VIEW ONCE' CONTENT

The facility to send images or messages that can only be viewed once has led to some WhatsApp users sharing inappropriate images or abusive texts, knowing that the recipient can't re-open them later to use as evidence of misconduct. People used to be able to screenshot this 'disappearing' content – but a recently added WhatsApp feature now blocks this, citing increased privacy.

## CHAT LOCK

Another new option allows users to store certain messages or chats in a separate 'locked chats' folder, saved behind a passcode, fingerprint or face ID authentication. The risk here is that this function creates the potential for young people to hide conversations and content that they suspect their parents wouldn't approve of (such as age-inappropriate material).

## VISIBLE LOCATION

WhatsApp's 'live location' feature lets users share their current whereabouts, which can be helpful for friends meeting up or parents checking that their child's safely on the way home, for example. However, anyone in your child's contacts list or in a mutual group chat can also track their location – potentially letting strangers identify a child's home address or journeys that they make regularly.

## Advice for Parents & Carers

...TYPING...

## EMPHASISE CAUTION

Encourage your child to treat unexpected messages with caution: get them to consider, for example, whether the message sounds like something a friend or relative would really send them. Make sure they know never to share personal details over WhatsApp, and to be wary of clicking on any links in messages. Setting up two-step verification adds a further layer of protection to their WhatsApp account.

## ADJUST THE SETTINGS

It's wise to change your child's WhatsApp settings (go to 'Privacy', then 'Groups') to specify which of their contacts can add them to group chats without needing approval: you can give permission to 'My Contacts' or 'My Contacts Except...'. Additionally, if your child needs to use 'live location', emphasise that they should enable this function for only as long as they need – and then turn it off.

## THINKING BEFORE SHARING

Help your child to understand why it's important to stop and think before posting or forwarding something on WhatsApp. It's easy – and all too common – for content to then be shared more widely (even publicly on social media). Encourage your child to consider how an ill-judged message might damage their reputation or upset a friend who sent something to them in confidence.

## CHAT ABOUT PRIVACY

Some parents like to check in with their child about how they're using WhatsApp, explaining that it will help to keep them safe. If you spot a 'Locked Chats' folder, you might want to talk about the sort of chats that are in there, who they're with and why your child wants to keep them hidden. Also, if your child has sent any 'view once' content, you could discuss their reasons for using this feature.

## Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



...HEY OSCAR...



National Online Safety®

#WakeUpWednesday

Source: <https://blog.whatsapp.com/an-open-letter> | <https://faq.whatsapp.com/107709839582332> | [https://faq.whatsapp.com/36005896189245/shelprf-he\\_ina](https://faq.whatsapp.com/36005896189245/shelprf-he_ina)  
<https://www.whatsapp.com/security> | <https://blog.whatsapp.com/chat-lock-making-your-most-intimate-conversations-even-more-private>  
<https://www.aura.com/learn/whatsapp-scams>



@natonlinesafety



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@national\_online\_safety

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# What Parents & Carers Need to Know about THE DANGERS OF VAPING

Data collected for ASH (Action on Smoking and Health) shows an increase in 11 to 17-year-olds experimenting with vaping: from 7.7% in 2022 to 11.6% in 2023. It's concerning that these age-restricted products are getting into the hands of under 18s as most contain nicotine, which can be detrimental to brain development and cause long-term addiction. Some schools have reported students having their focus in lessons affected by nicotine cravings; vaping in school toilets; and even trying vapes found in their local park. Raising awareness of the risks among young people could help to prevent these problems from escalating and reduce the number of young vapers.

## WHAT ARE THE RISKS?

### NICOTINE ADDICTION

Since they were initially developed to help people stop smoking, the vast majority of vape liquids contain nicotine. Not only is this a highly addictive stimulant, but it can also have detrimental effects on brain development in the under-25s. Nicotine can decrease the ability to pay attention, weaken impulse control, affect mood and increase the likelihood of substance addiction as an adult.

## WHAT IS VAPING?

Vapes contain a liquid (vape juice/e-liquid) that is heated by a battery and evaporates, creating a chemical vapour which the user inhales. They can be disposable (once the liquid or battery runs out, the vape is thrown away) or rechargeable (the user replaces the liquid and recharges the battery on demand). Most vape liquids contain nicotine and other chemicals.

### LACK OF AWARENESS

A proportion of young people tend to view vapes as harmless, mainly because of the products' appearance and the perception (often strengthened on social media) that "vaping is cool" and on trend. In many instances, young people don't fully appreciate the concept of addiction: that is, they aren't adequately aware of the risk of becoming hooked on nicotine before trying a vape.

### POTENTIAL TOXICITY

Many vape liquids have been found to contain 'heavy' metals such as lead, tin, nickel and (in some cases) mercury – all of which are toxic. These metals often take the form of tiny shards inside a device's liquid tank, which are then inhaled into the body. Some media reports have suggested these metals are particularly prevalent in illegally imported vapes which don't comply with UK regulations.

### UNCLEAR LONG-TERM CONSEQUENCES

The liquids in vapes also contain solvents, which can create carcinogens at the point of evaporation. Vapes were only introduced into the UK in 2005 – and, because of the relatively short timeframe involved, there is insufficient medical evidence to assess the long-term harms that regular inhalation of these chemical fluids might have on the human body.

### ATTRACTIVE PACKAGING

The packaging of many disposable vapes is very appealing to young people, frequently echoing the colours and flavours of the sweets or fizzy drinks they're used to buying. There's a relative lack of regulation around vape marketing, and vaping is often depicted positively on social media – which can lead young people to develop favourable views of vaping and overlook the possible harms.

### ENVIRONMENTAL EFFECTS

In the UK alone, around 5 million disposable vapes go to landfill every week. Due to such significant numbers of these products not being recycled, their components – a lithium battery and a chemical liquid – pose a toxic risk to the environment, the ecosystem and wildlife. Vapes are also predominantly made of plastic and metal; materials that, of course, do not naturally decompose.

### WIDER HEALTH CONCERNS

Studies are already showing a link between vaping and oral health problems such as tooth decay and gum disease. This is because vaping reduces the amount of saliva in the mouth, while increasing bacteria – resulting in bad breath and a build-up of plaque. There are also concerns that, in some users, vaping could lead to the development of asthma, a persistent cough and breathing difficulties.

### UNREGULATED VAPING PRODUCTS

The number of retailers willing to sell vapes to under-18s is a worry, as the chance of these products being unregulated (and therefore containing illegal chemicals and higher levels of nicotine) is high. A related concern is that the mechanisms inside unregulated products are unlikely to have been tested and safety checked – presenting a possible fire risk if the liquid and battery come into contact.

### SCARCE INFORMATION

The lack of information about the ingredients and potentially harmful chemicals in a vape is troubling. Some vape fluids (unregulated in the UK) contain traces of nuts, which can cause an allergic reaction or anaphylactic shock. To date, medical warnings aren't required on vape packaging – with only medical disclaimers being found on the websites of the various brands.

### VAGUE INGREDIENTS LISTS

Early research has suggested that the chemicals used to produce some strawberry and banana flavour e-liquids can kill cells in the blood vessels and heart. These ingredients aren't identified on the packaging, instead falling under the umbrella term 'natural and artificial flavourings'. Such vague listings mean that consumers aren't aware of the liquid's content so can't identify potential risks.

## Meet Our Expert

Run by the Cambridgeshire and Peterborough Healthy Schools Service (commissioned by Cambridgeshire County Council and Peterborough City Council), Catch Your Breath is a school-based project aimed at young people. Its goal is to embed a proactive, coordinated approach among both primary and secondary schools in discouraging smoking and vaping behaviours.



**HEALTHY SCHOOLS**  
CAMBRIDGESHIRE & PETERBOROUGH

**The National College**

Source: <https://www.bbc.co.uk/news/health-66809924>



[www.thenationalcollege.co.uk](http://www.thenationalcollege.co.uk)



@thenatcollege



/thenationalcollege

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Platform to a brighter future



**2 HOURS OF PRIVATE PLAY  
USE OF THE WHOLE PLAYGYM**

**SOCIALISE WITH OTHER FAMILIES WITH CHILDREN ON THE  
SPECTRUM/ AWAITING DIAGNOSIS**

**INDIVIDUAL PICNIC TEA TO EAT WHEN YOU LIKE  
OR TAKE HOME**

**MEET THE SOULSTATION TEAM AND CHAT ABOUT YOUR JOURNEY  
THEMED CRAFT AND ACTIVITIES FOR ALL ABILITIES**

**£8 PER CHILD  
PLAYPALACE PLAYGYM, HALIFAX**

**EVENT ORGANISER - SOULSTATION CIC REG NO: 14271771**

**EMAIL - SOULSTATIONCIC@GMAIL.COM**

**PLEASE BOOK - PLACES ARE LIMITED.**

**8TH OCTOBER**

**4 P M - 6 P M**

**PLAY | FOOD | DRINK**

**Facebook: SoulStationBrighthouse**

