

Class:











St Andrew's CE (VA) Infant School – School Menu Card - 2-week rota
January 2024 – March 2024

Name:

ALL MENUS SUBJECT TO AVAILABILITY OF PRODUCE

Allergies or intolerances (please complete if necessary).....

Week 1

	Monday	✓	Tuesday	✓	Wednesday	✓	Thursday	✓	Friday	✓
Mains – tick 1 (✓)	Cheese Wheel (V) Mash Potato Peas		Spaghetti Bolognese Garlic Bread Broccoli 		Roast Chicken & Gravy Roast Potatoes Seasonal Vegetables		Pepperoni Pizza Potato Wedges Beans 		Homemade Tuna Fishcakes Chips Peas & Sweetcorn	
	Ratatouille Tomato Pasta (V)  Peas		Quorn Chilli (mild) Rice Broccoli		Quorn Fillet & Gravy (V) Roast Potatoes Seasonal Vegetables		Cheese & Tomato Pizza (V) Potato Wedges Beans		Jacket Potato Beans (V) <u>OR</u>  Cheese (V)	
	Ham <u>OR</u> Egg (V) <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad		Ham <u>OR</u> Egg (V) <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad		Ham <u>OR</u> Egg (V) <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad 		Ham <u>OR</u> Egg (V) <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad		Ham <u>OR</u> Egg (V) <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad	
tick 1 (✓)	Shortbread		Jam Sponge & Custard		Vanilla Ice Cream 		Ginger Sponge & Custard		Flapjack	
	Fromage Frais		Fromage Frais 		Fromage Frais		Fromage Frais 		Fromage Frais	
	Fruit 		Fruit		Fruit		Fruit		Fruit 	

We WILL change your child's menu if they are not happy with their choice. Please contact the office if you have any queries.

	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soya/soy	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphates (above 10mg/kg or 10mg/L)	Lupin	Molluscs
Cheese Wheel, Mash Potato & peas	✓*		✓				✓* DF cheese available							
Ratatouille Tomato Pasta & Peas	✓*													
Ham Sandwich	✓*						✓*							
Cheese Sandwich	✓*						✓* DF cheese available							
Egg Sandwich	✓*		✓				✓*							
Tuna Sandwich	✓*		✓	✓			✓*							
Shortbread	✓													
Fromage Frais							✓*							
Spaghetti Bolognese, Garlic Bread & Broccoli	✓*													
Quorn Chilli, Rice & Broccoli			✓											
Jam Sponge & Custard	✓		✓				✓* DF without custard							
Roast Chicken & Gravy, Roast Potatoes & Seasonal Vegetables														
Vegetarian Fillet & Gravy, Roast Potatoes & Seasonal Vegetables	✓													
Vanilla Ice Cream							✓*							
Pepperoni Pizza, Potato Wedges & Beans	✓						✓*							
Cheese & Tomato Pizza, Potato Wedges & Beans	✓						✓*							
Ginger Sponge & Custard	✓		✓				✓* DF without custard							
Homemade Tuna Fishcakes, Chips and Peas & Sweetcorn	✓		✓	✓			✓							
Jacket Potato with Beans or Cheese							✓* DF cheese available							
Flapjack	✓													

ALL FRUIT ON THE MENU IS FREE FROM THE ALLERGENS ABOVE

* CAN BE MADE FREE FROM FOR THOSE WITH ALLERGIES

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Allergies or intolerances (please complete if necessary).....

Week 2

	Monday	✓	Tuesday	✓	Wednesday	✓	Thursday	✓	Friday	✓
Mains – tick 1 (✓)	Hunter's Chicken Herby Potatoes Sweetcorn 		Sausage Casserole New Potatoes Carrots		Minced Beef Mash Potatoes Medley of Vegetables		Meat Pizza Chips Cucumber, Pepper & Carrot Sticks		Breaded Chicken Goujons Wedges Peas & Sweetcorn 	
	Cheese, Onion & Potato Pie (V) Beans		Tomato Pasta Bake Garlic Bread Carrots 		Vegetarian Cottage Pie (V) Medley of Vegetables		Cheese & Tomato Pizza (V) Chips Cucumber, Pepper & Carrot Sticks 		Fish Fingers Wedges Peas & Sweetcorn	
	Ham, <u>OR</u> Egg (V) <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad		Ham <u>OR</u> Egg (V) <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad		Ham <u>OR</u> Egg (V) <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad 		Ham <u>OR</u> Egg (V) <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad		Ham <u>OR</u> Egg (V) <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad	
tick 1 (✓)	Cornflake Bun		Chocolate Sponge & Chocolate Sauce		Oat Biscuit 		Lemon Sponge		Iced Bun	
	Fromage Frais		Fromage Frais 		Fromage Frais		Fromage Frais 		Fromage Frais	
	Fruit 		Fruit		Fruit		Fruit		Fruit 	

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	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soya/soy	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphates (above 10mg/kg or 10mg/L	Lupin	Molluscs
Hunter's Chicken, Herby Potatoes & Sweetcorn							✓* DF cheese available							
Cheese, Onion and Potato Pie & Beans	✓						✓							
Ham Sandwich	✓*						✓*							
Egg Sandwich	✓*		✓				✓*							
Tuna Sandwich	✓*		✓	✓			✓*							
Cornflake Bun	✓													
Fromage Frais							✓*							
Sausage Casserole, New Potatoes & Carrots														
Tomato Pasta, Garlic Bread & Carrots	✓*													
Chocolate Sponge & Chocolate Sauce	✓		✓				✓* DF without sauce							
Minced Beef, Mash Potato & Medley of Vegetables														
Vegetarian Cottage Pie & Medley of Vegetables														
Oat Biscuit	✓													
Meat Pizza, Chips & Veg Sticks	✓						✓* DF cheese available							
Cheese & Tomato Pizza, Chips & Veg Sticks	✓						✓* DF cheese available							
Lemon Sponge	✓		✓											
Breaded Chicken Goujons, Wedges and Peas & Sweetcorn	✓*													
Fish Fingers, Wedges and Peas & Sweetcorn	✓*			✓										
Iced Bun	✓		✓											

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