

Class:










St Andrew's CE (VA) Infant School – School Menu Card - 2-week rota
 April 2024 – July 2024

Name:

ALL MENUS SUBJECT TO AVAILABILITY OF PRODUCE

Allergies or intolerances (please complete if necessary).....

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Mains – tick 1 (✓)	Tuna Pasta Bake Salad Sticks 	Sausage & Mash Onion Gravy Medley of Vegetables	Roast Pork & Gravy New Potatoes Carrots & Broccoli	Pepperoni Pizza Potato Wedges Beans	Breaded Cod Fillet Bites Chips Peas 
	Fish Fingers (Ve option available) Chips Peas	Vegetable Lasagne (V) Garlic Bread Medley of Vegetables 	Quorn Fillet & Gravy (Ve) New Potatoes Carrots & Broccoli	Cheese & Tomato Pizza Potato Wedges Beans 	Cheesy Bean Pasta Salad Sticks
	Ham <u>OR</u> Egg (V) <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad	Ham <u>OR</u> Houmous (Ve) <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad	Ham <u>OR</u> Houmous (Ve) <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad	Ham <u>OR</u> Egg (V) <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad	Ham <u>OR</u> Houmous (Ve) <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad
tick 1 (✓)	Marble Cake & Custard	Rainbow Cake	Fruit Crumble & Custard 	Ice-cream	Orange Drizzle Cake
	Fromage Frais	Fromage Frais 	Fromage Frais	Fromage Frais 	Fromage Frais
	Fruit 	Fruit	Fruit	Fruit	Fruit 

We WILL change your child's menu if they are not happy with their choice. Please contact the office if you have any queries.

	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soy/soy	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphates (above 10mg/kg or 10mg/L)	Lupin	Molluscs
Tuna pasta bake & salad sticks	✓			✓			✓							
Fish Fingers (Ve option available), chips & peas	✓*			✓* Ve option										
Ham Sandwich	✓*						✓*							
Cheese Sandwich	✓*						✓* DF cheese available							
Egg Sandwich	✓*		✓				✓*							
Tuna Sandwich	✓*		✓	✓			✓*							
Marble Cake and custard	✓						✓* DF without custard							
Fromage Frais							✓*							
Sausage & mash, onion gravy & veg	✓*													
Vegetable lasagne, garlic bread & veg	✓		✓				✓							
Houmous Sandwich	✓*													
Rainbow cake	✓		✓											
Roast pork & gravy, new potatoes, carrots and broccoli														
Quorn fillet & gravy, new potatoes, carrots and broccoli	✓													
Fruit crumble & custard	✓													
Pepperoni Pizza, Potato Wedges & Beans	✓						✓*							
Cheese & Tomato Pizza, Potato Wedges & Beans	✓						✓*							
Ice-cream							✓*							
Breaded cod fillet bites, chips & peas	✓*			✓										
Cheesy bean pasta & salad sticks	✓						✓							
Orange Drizzle Cake	✓		✓											

ALL FRUIT ON THE MENU IS FREE FROM THE ALLERGENS ABOVE

* CAN BE MADE FREE FROM FOR THOSE WITH ALLERGIES

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Week 2

	Monday ✓	Tuesday ✓	Wednesday ✓	Thursday ✓	Friday ✓
Mains – tick 1 (✓)	Salmon Fishcakes Mashed Potato Beans 	Beef Lasagne Garlic Bread Peas	Roast of the Week Mini Roast Potatoes Medley of Vegetables	Ham Pizza Chips Sweetcorn	Tomato & Basil Pasta Garlic Bread Broccoli 
	Mac & Cheese (V) Broccoli	Veggie Sausage & Gravy (Ve)  Mashed Potato Peas	Sausage Roll (Ve option available) Mini Roast Potatoes Medley of Vegetables	Cheese and Tomato Pizza (V)  Chips Sweetcorn	Fish Fingers (Ve option available) Potato Wedges Beans
	Ham, OR Egg (V) OR Tuna OR Cheese (V) Sandwich (please circle which option) and salad	Ham OR Houmous (Ve) OR Tuna OR Cheese (V) Sandwich (please circle which option) and salad	Ham OR Houmous (Ve) OR Tuna OR Cheese (V) Sandwich (please circle which option) and salad 	Ham OR Houmous (Ve) OR Tuna OR Cheese (V) Sandwich (please circle which option) and salad	Ham OR Egg (V) OR Tuna OR Cheese (V) Sandwich (please circle which option) and salad
tick 1 (✓)	Chocolate Sponge & Chocolate Sauce	Lemon Drizzle Cake 	Rice Pudding with Jam	Jelly 	Banana Cake
	Fromage Frais 	Fromage Frais	Fromage Frais	Fromage Frais	Fromage Frais 
	Fruit	Fruit	Fruit 	Fruit	Fruit

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	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soya/soy	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphates (above 10mg/kg or 10mg/L)	Lupin	Molluscs
Salmon Fishcakes, mashed potato & beans	✓			✓										
Mac & cheese & broccoli	✓						✓							
Ham Sandwich	✓*						✓*							
Egg Sandwich	✓*		✓				✓*							
Tuna Sandwich	✓*		✓	✓			✓*							
Chocolate sponge & chocolate sauce	✓						✓* DF without sauce							
Fromage Frais							✓*							
Beef lasagne, garlic bread & peas	✓		✓				✓							
Veggie sausage, gravy, mashed potato & peas	✓													
Houmous sandwich														
Lemon drizzle cake	✓		✓											
Roast of the Week, mini roast potatoes & medley of vegetables														
Sausage roll, mini roast potatoes & medley of vegetables	✓													
Rice pudding & jam							✓							
Ham pizza, chips & sweetcorn	✓						✓* DF cheese available							
Cheese & tomato pizza, chips & sweetcorn	✓						✓* DF cheese available							
Jelly (contains gelatine)														
Tomato & basil pasta, garlic bread & broccoli	✓*													
Fish Fingers, potato wedges & beans	✓*			✓										
Banana cake	✓		✓											

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