

Class:











St Andrew's CE (VA) Infant School – School Menu Card - 2-week rota
September 2024 – December 2024

Name:

ALL MENUS SUBJECT TO AVAILABILITY OF PRODUCE

Allergies or intolerances (please complete if necessary).....

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Mains – tick 1 (✓)	BBQ Chicken Herby Potatoes Carrots 	Spaghetti Bolognese Garlic Bread Peas	Roast of the Week & Gravy Mash Potato Medley of Vegetables 	Pepperoni Pizza Potato Wedges Sweetcorn	Chicken Goujons Chips Peas 
	Jacket Potato Cheese (V) or Beans (Ve) or Tuna Mayo (please circle)	Mac & Cheese (V) Garlic Bread Peas 	Quorn Fillet & Gravy (Ve) Mash Potato Medley of Vegetables	Cheese & Tomato Pizza (V) Potato Wedges Sweetcorn 	Veggie Fingers (Ve) Chips Peas
	Ham <u>OR</u> Egg (V) <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad	Ham <u>OR</u> Egg (V) <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad	Ham <u>OR</u> Egg (V) <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad	Ham <u>OR</u> Egg (V) <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad	Ham <u>OR</u> Egg (V) <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad
tick 1 (✓)	Jam Sponge & Custard	Oat Biscuit	Rainbow Cake 	Ice-cream	Chocolate Sponge & Custard
	Fromage Frais	Fromage Frais 	Fromage Frais	Fromage Frais 	Fromage Frais
	Fruit 	Fruit	Fruit	Fruit	Fruit 

We WILL change your child's menu if they are not happy with their choice. Please contact the office if you have any queries.

	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soya/soy	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphates (above 10mg/kg or 10mg/L)	Lupin	Molluscs
BBQ chicken, herby potatoes & carrots														
Jacket potato – cheese, beans or tuna			✓ tuna	✓ tuna			✓* DF cheese available							
Ham Sandwich	✓*						✓*							
Cheese Sandwich	✓*						✓* DF cheese available							
Egg Sandwich	✓*		✓				✓*							
Tuna Sandwich	✓*		✓	✓			✓*							
Jam sponge and custard	✓		✓				✓* DF without custard							
Fromage Frais							✓*							
Spaghetti Bolognese	✓*													
Mac & Cheese	✓						✓							
Oat Biscuit	✓													
Roast of the week, mash potato, medley of vegetables														
Quorn fillet & gravy, mash potato, medley of vegetables	✓													
Rainbow Cake	✓		✓											
Pepperoni Pizza, Potato Wedges & Sweetcorn	✓*		✓*				✓*							
Cheese & Tomato Pizza, Potato Wedges & Sweetcorn	✓*		✓*				✓*							
Ice-cream							✓*							
Chicken goujons, chips & peas	✓*													
Veggie fingers, chips & peas	✓													
Chocolate Sponge & custard	✓		✓				✓* DF without custard							

ALL FRUIT ON THE MENU IS FREE FROM THE ALLERGENS ABOVE

* CAN BE MADE FREE FROM FOR THOSE WITH ALLERGIES

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Week 2

	Monday ✓	Tuesday ✓	Wednesday ✓	Thursday ✓	Friday ✓
Mains – tick 1 (✓)	Meatballs & Gravy Chips Peas & Sweetcorn	Sausage & Mash Onion Gravy  Mixed Vegetables	Roast of the Week & Gravy Mini Roast Potatoes Medley of Vegetables	Pepperoni Pizza Chips  Beans	Chicken Korma Rice Naan bread
	Veggie Burger  Chips Peas & Sweetcorn	Cheese Wheel (V) Mash Potato Mixed Vegetables	Quorn Fillet & Gravy (Ve) Mini Roast Potatoes Medley of Vegetables	Cheese and Tomato Pizza (V) Chips Beans	Tomato & Herb Pasta (Ve)  Garlic Bread Mixed Vegetables
	Ham, <u>OR</u> Egg (V) <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad	Ham, <u>OR</u> Egg (V) <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad	Ham, <u>OR</u> Egg (V) <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad 	Ham, <u>OR</u> Egg (V) <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad	Ham, <u>OR</u> Egg (V) <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad
tick 1 (✓)	Flapjack	Chocolate Orange Cake 	Cornflake Tart	Jelly 	Ice Banana Cake
	Fromage Frais 	Fromage Frais	Fromage Frais	Fromage Frais	Fromage Frais 
	Fruit	Fruit	Fruit 	Fruit	Fruit

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	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soya/soy	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphates (above 10mg/kg or 10mg/L)	Lupin	Molluscs
Meatballs & gravy, chips, peas & sweetcorn	✓					✓						✓		
Veggie burger, chip, peas & sweetcorn						✓								
Ham Sandwich	✓*						✓*							
Egg Sandwich	✓*		✓				✓*							
Tuna Sandwich	✓*		✓	✓			✓*							
Flapjack	✓													
Fromage Frais							✓*							
Sausage & mash, onion gravy, mixed vegetables	✓*													
Cheese Wheel, mash potato & mixed vegetables	✓						✓*							
Chocolate orange cake	✓		✓				✓*							
Roast of the Week, mini roast potatoes & medley of vegetables														
Quorn fillet, mini roast potatoes & medley of vegetables	✓													
Cornflake tart	✓													
Pepperoni pizza, chips & beans	✓*		✓*				✓* DF cheese available							
Cheese & tomato pizza, chips & beans	✓*		✓*				✓* DF cheese available							
Jelly (contains gelatine)														
Chicken korma, rice & naan bread	✓* without naan						✓							
Tomato & herb pasta, garlic bread & mixed vegetables	✓* without garlic bread													
Iced banana cake	✓		✓											

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