

Class:











St Andrew's CE (VA) Infant School – School Menu Card - 3-week rota
January 2025 – April 2025

Name:

ALL MENUS SUBJECT TO AVAILABILITY OF PRODUCE

Allergies or intolerances (please complete if necessary).....

Week 1

	Monday	✓	Tuesday	✓	Wednesday	✓	Thursday	✓	Friday	✓
Mains – tick 1 (✓)	Sausage Pasta in Tomato Sauce Garlic Bread 		Cottage Pie & Gravy Medley of Vegetables		Beef & Veg Stew with Dumplings 		Pepperoni Pizza Chips Beans or Sweetcorn		Fish Fingers Chips Peas or Mushy Peas 	
	Jacket Potato Cheese (V) or Beans (Ve) or Tuna Mayo (please circle)		Veggie Sausage Toad in the Hole & Gravy (V) Mash Potato Peas 		Vegetable Lasagne (V) Garlic Bread		Cheese & Tomato Pizza (V) Chips Beans or Sweetcorn 		Veggie Fingers (Ve) Chips Peas or Mushy Peas	
	Ham <u>OR</u> Cheese (V) Toastie (please circle which option) and salad		Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad		Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad		Ham <u>OR</u> Cheese (V) Toastie (please circle which option) and salad		Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad	
tick 1 (✓)	Chocolate Sponge & Chocolate Custard		Crackers, Cheese & Grapes		Rice Pudding with Jam 		Angel Delight Strawberry, Chocolate or Banana		Oat Biscuit	
	Fromage Frais		Fromage Frais 		Fromage Frais		Fromage Frais 		Fromage Frais	
	Fruit 		Fruit		Fruit		Fruit		Fruit 	

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	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soya/soy	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphates (above 10mg/kg or 10mg/L)	Lupin	Molluscs
Sausage pasta in tomato sauce & garlic bread	✓*													
Jacket potato – cheese, beans or tuna			✓ tuna	✓ tuna			✓* DF cheese available							
Ham Sandwich/ Ham Toastie	✓*						✓*							
Cheese Sandwich/ Cheese Toastie	✓*						✓* DF cheese available							
Chocolate sponge and chocolate custard	✓		✓				✓* DF without custard							
Fromage Frais							✓*							
Cottage pie, gravy & medley of vegetables														
Veggie sausage toad in the hole, mash potato, peas	✓		✓											
Tuna Sandwich	✓*		✓	✓										
Crackers, cheese & grapes	✓						✓* DF without cheese							
Beef & veg stew with dumplings	✓													
Vegetable Lasagne	✓						✓							
Rice Pudding with Jam							✓							
Pepperoni Pizza, chips, beans or sweetcorn	✓*						✓*							
Cheese & Tomato Pizza, chips, beans or sweetcorn	✓*						✓*							
Angel Delight							✓							
Fish fingers, chips & peas	✓*			✓										
Veggie fingers, chips & peas	✓													
Oat biscuit	✓													

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Week 2

	Monday	✓	Tuesday	✓	Wednesday	✓	Thursday	✓	Friday	✓
Mains – tick 1 (✓)	Toad in the Hole & Gravy Mash Potato Peas 		Chicken Pie New Potatoes Broccoli & Sweetcorn		Roast of the Week & Gravy Mini Roast Potatoes Medley of Vegetables 		Ham Pizza Chips Beans or Sweetcorn		Salmon Fishcakes Mash Potato Seasonal Vegetables 	
	Sweet Potato, Cauliflower & Chickpea Curry (Ve) Rice Naan Bread		Homemade Seasonal Soup (Ve) Served with a bread roll 		Mediterranean Vegetable & Mozzarella Wrap (V) Salad		Cheese & Tomato Pizza (V) Chips Beans or Sweetcorn 		Pasta Bar (V) A choice of tomato sauce (Ve) or cheese sauce (V) Garlic Bread	
	Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad		Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad		Ham <u>OR</u> Cheese (V) Toastie (please circle which option) and salad		Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad		Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad	
tick 1 (✓)	Flapjack		Rainbow Cake 		Cherry Shortbread		Ice Cream 		Iced Coconut Sponge	
	Fromage Frais 		Fromage Frais		Fromage Frais		Fromage Frais		Fromage Frais 	
	Fruit		Fruit		Fruit 		Fruit		Fruit	

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Toad in the hole, mash potato, peas	✓		✓											
Sweet potato, cauliflower & chickpea curry, rice & naan	✓* with naan													
Ham Sandwich/ Ham Toastie	✓*													
Cheese Sandwich/ Cheese Toastie	✓*						✓* DF cheese available							
Tuna Sandwich	✓*		✓	✓										
Flapjack	✓													
Fromage Frais							✓*							
Chicken Pie, new potatoes, broccoli & sweetcorn	✓													
Homemade seasonal soup	✓* with GF bread								✓					
Rainbow cake	✓		✓											
Roast of the Week, mini roast potatoes & medley of vegetables														
Mediterranean vegetable & mozzarella wrap & salad	✓*						✓* DF cheese available							
Cherry Shortbread	✓													
Ham pizza, chips & beans or sweetcorn	✓*						✓* DF cheese available							
Cheese & tomato pizza, chips & beans or sweetcorn	✓*						✓* DF cheese available							
Ice Cream							✓*							
Salmon Fishcakes, mash potato & seasonal vegetables	✓			✓										
Pasta Bar – tomato or cheese sauce with garlic bread	✓* without garlic bread						✓ cheese sauce							
Iced coconut sponge	✓		✓											

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Week 3

	Monday	✓	Tuesday	✓	Wednesday	✓	Thursday	✓	Friday	✓
Mains – tick 1 (✓)	Homemade Chilli (mild) Rice Peas 		Sausage & Mash (Veggie option available) Onion Gravy Yorkshire Pudding Mixed Vegetables		Roast Pork & Gravy Mini Roast Potatoes Carrots & Cabbage 		Pepperoni Pizza Chips Beans		Fish Pie Peas & Sweetcorn 	
	Vegan Sausage Roll (Ve) Oven Baked Wedges Peas		Tomato & Herb Pasta (Ve) Garlic Bread Mixed Vegetables 		Quorn Fillet & Gravy (Ve) Mini Roast Potatoes Carrots & Cabbage		Cheese and Tomato Pizza (V) Chips Beans 		Cheese Puff Pastry (V) Peas & Sweetcorn	
	Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad		Ham <u>OR</u> Cheese (V) Toastie (please circle which option) and salad		Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad		Ham <u>OR</u> Cheese (V) Toastie (please circle which option) and salad		Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad	
tick 1 (✓)	Ginger Sponge & Custard 		Viennese Biscuit		Raspberry Bun		Jelly 		Chocolate Crispy Bun	
	Fromage Frais		Fromage Frais 		Fromage Frais		Fromage Frais		Fromage Frais 	
	Fruit		Fruit		Fruit 		Fruit		Fruit	

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Homemade chilli, rice & peas									✓					
Vegan sausage roll, wedges & peas	✓					✓								
Ham Sandwich/ Ham Toastie	✓*													
Cheese Sandwich/ Cheese Toastie	✓*						✓* DF cheese available							
Tuna Sandwich	✓*		✓	✓										
Ginger sponge & custard	✓		✓				✓							
Fromage Frais							✓*							
Sausage & mash, onion gravy, YP & mixed vegetables	✓* without YP		✓* without YP											
Tomato & herb pasta	✓*													
Viennese Biscuit	✓													
Roast pork, mini roast potatoes, carrots & cabbage														
Quorn fillet & gravy, mini roast potatoes, carrots & cabbage	✓													
Raspberry bun	✓		✓											
Pepperoni Pizza, chip & beans	✓*						✓*							
Cheese & Tomato Pizza, chips & beans	✓*						✓*							
Jelly (contains geletin)														
Fish pie, peas & sweetcorn				✓			✓							
Cheese puff pastry, peas & sweetcorn	✓						✓* DF cheese available							
Chocolate crispy bun	✓						✓							