

Class:

St Andrew's CE (VA) Infant School – School Menu Card - 3-week rota
April 2025 – July 2025

Name:

ALL MENUS SUBJECT TO AVAILABILITY OF PRODUCE

Allergies or intolerances (please complete if necessary).....

Week 1

	Monday	✓	Tuesday	✓	Wednesday	✓	Thursday	✓	Friday	✓
Mains – tick 1 (✓)	Jacket Potato Cheese (V) or Beans (Ve) or Tuna Mayo (please circle) 		Spaghetti Bolognese Garlic Bread Peas		Roast Pork & Gravy Mini Roast Potatoes Medley of Vegetables 		Pepperoni Pizza Chips Beans		Breaded Chicken Goujons (Halal) Potato Wedges Sweetcorn 	
	Tomato Pasta with Plant-Based Meatballs (Ve) Peas		Vegetable Korma (V) Rice Naan Bread 		Quorn Fillet & Gravy (Ve) Mini Roast Potatoes Medley of Vegetables		Cheese & Tomato Pizza (V) 		Cheese & Tomato Puff Pastry Triangles (V) Potato Wedges Sweetcorn	
	Ham <u>OR</u> Tuna <u>OR</u> Egg (V) <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad		Ham <u>OR</u> Cheese (V) Toastie (please circle which option) and salad		Ham <u>OR</u> Tuna <u>OR</u> Egg (V) <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad		Tuna & Sweetcorn Wrap <u>OR</u> Ham Sandwich <u>OR</u> Cheese Sandwich (please circle) and salad		Ham <u>OR</u> Tuna <u>OR</u> Egg (V) <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad	
tick 1 (✓)	Marble Cake & Custard		Fruit Flapjack		Lemon Cake 		Vanilla Ice-Cream		Oat Biscuit	
	Fromage Frais		Fromage Frais 		Fromage Frais		Fromage Frais 		Fromage Frais	
	Fruit 		Fruit		Fruit		Fruit		Fruit 	

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	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soya/soy	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphates (above 10mg/kg or 10mg/L)	Lupin	Molluscs
Jacket potato – cheese, beans or tuna			✓ tuna	✓ tuna			✓* DF cheese available							
Tomato pasta with plant-based meatballs and peas	✓					✓								
Ham sandwich/ ham toastie	✓*													
Cheese sandwich/ cheese toastie	✓*						✓* DF cheese available							
Tuna sandwich/ tuna wrap	✓*		✓	✓										
Egg sandwich	✓*		✓											
Marble cake & custard	✓		✓				✓* DF without custard							
Fromage frais							✓*							
Spaghetti Bolognese, garlic bread & peas	✓*													
Vegetable korma, rice & naan bread	✓* without naan						✓							
Fruit flapjack	✓													
Roast pork & gravy, mini roast potatoes and vegetables														
Quorn fillet & gravy, mini roast potatoes and vegetables	✓													
Lemon cake	✓		✓											
Pepperoni pizza, chips, beans	✓*						✓*							
Cheese & tomato pizza, chips, beans	✓*						✓*							
Vanilla ice-cream							✓*							
Breaded chicken goujons, wedges & sweetcorn	✓*													
Cheese & tomato puff pastry triangle, wedges & sweetcorn	✓						✓*							
Oat biscuit	✓													

ALL FRUIT ON THE MENU IS FREE FROM THE ALLERGENS ABOVE

* CAN BE MADE FREE FROM FOR THOSE WITH ALLERGIES

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Week 2

	Monday	✓	Tuesday	✓	Wednesday	✓	Thursday	✓	Friday	✓
Mains – tick 1 (✓)	Pasta Bar (children will pick on the day) Grated Cheese Tomato Sauce Tuna & Sweetcorn 		Meatballs & Gravy Mash Potato Peas		Roast Gammon Herby Potatoes Seasonal Vegetables 		Ham Pizza Chips Sweetcorn		Fish Fingers Chips Peas or Beans 	
	Cheese & Potato Wheel (V) Beans		Mac & Cheese (V) Garlic Bread Peas 		Vegan Sausage Roll (Ve) Herby Potatoes Seasonal Vegetables		Cheese & Tomato Pizza (V) Chips Sweetcorn 		Vegetable Nuggets (Ve) Chips Peas or Beans	
	Ham <u>OR</u> Tuna <u>OR</u> Egg (V) <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad		Ham <u>OR</u> Cheese (V) Toastie (please circle which option) and salad		Ham <u>OR</u> Tuna <u>OR</u> Egg (V) <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad		Ham <u>OR</u> Cheese (V) Toastie (please circle which option) and salad		Ham <u>OR</u> Tuna <u>OR</u> Egg (V) <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad	
tick 1 (✓)	Rainbow Cake		Viennese Biscuit 		Rice Pudding & Jam		Jelly 		Banana Cake	
	Fromage Frais 		Fromage Frais		Fromage Frais		Fromage Frais		Fromage Frais 	
	Fruit		Fruit		Fruit 		Fruit		Fruit	

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Pasta Bar – grated cheese, tomato sauce, tuna & sweetcorn	✓*		✓*tuna	✓*tuna			✓* DF cheese available							
Cheese & potato wheel & beans	✓						✓* DF cheese available							
Ham sandwich/ Ham toastie	✓*													
Cheese sandwich/ Cheese toastie	✓*						✓* DF cheese available							
Tuna sandwich/ Tuna wrap	✓*		✓	✓										
Egg sandwich	✓*		✓											
Rainbow cake	✓		✓											
Fromage frais							✓*							
Meatballs & gravy, mash potato & peas	✓													
Mac & cheese	✓						✓							
Viennese biscuit	✓													
Roast gammon, herby potatoes & seasonal vegetables														
Vegan sausage roll, herby potatoes & seasonal vegetables	✓					✓								
Rice pudding & jam							✓							
Ham pizza, chips & sweetcorn	✓*						✓* DF cheese available							
Cheese & tomato pizza, chips & sweetcorn	✓*						✓* DF cheese available							
Jelly – CONTAINS GELATIN														
Fish fingers, chips & peas or beans	✓*			✓										
Vegetable nuggets, chips & peas or beans	✓													
Banana cake	✓		✓											

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Week 3

	Monday	✓	Tuesday	✓	Wednesday	✓	Thursday	✓	Friday	✓
Mains – tick 1 (✓)	Chicken Korma (mild) Naan Bread Rice Peas		Sausage & Mash Gravy Mixed Vegetables 		Roast Chicken & Gravy Mini Roast Potatoes Seasonal Vegetables		Pepperoni Pizza Chips Beans		Chicken Fajita Wrap (Mild) Chips Peas 	
	Tomato & Basil Pasta (Ve) Garlic Bread Peas 		Jacket Potato Cheese (V) or Beans (Ve) or Tuna Mayo (please circle)		Veggie Sausages (V) Mini Roast Potatoes Seasonal Vegetables 		Cheese and Tomato Pizza (V) Chips Beans 		Fish Fingers (Ve option available) Chips Peas	
	Ham <u>OR</u> Tuna <u>OR</u> Egg (V) <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad		Ham <u>OR</u> Tuna <u>OR</u> Egg (V) <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad		Ham <u>OR</u> Tuna <u>OR</u> Egg (V) <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad		Tuna & Sweetcorn Wrap <u>OR</u> Ham Sandwich <u>OR</u> Cheese Sandwich (please circle) and salad		Ham <u>OR</u> Tuna <u>OR</u> Egg (V) <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad	
tick 1 (✓)	Flapjack		Cheese, Crackers & Grapes		Chocolate Sponge & Custard 		Vanilla Ice-Cream		Rainbow Cake	
	Fromage Frais		Fromage Frais 		Fromage Frais		Fromage Frais 		Fromage Frais	
	Fruit 		Fruit		Fruit		Fruit		Fruit 	

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Chicken korma, naan bread, rice & peas	✓* without naan						✓							
Tomato & basil pasta, garlic bread & peas	✓*													
Ham sandwich/ ham toastie	✓*													
Cheese sandwich/ cheese toastie	✓*						✓* DF cheese available							
Tuna sandwich/ tuna wrap	✓*		✓	✓										
Egg sandwich	✓*		✓											
Flapjack	✓													
Fromage frais							✓*							
Sausage & mash, gravy & mixed vegetables														
Jacket potato – cheese, beans or tuna			✓ tuna	✓ tuna			✓* DF cheese available							
Cheese, crackers & grapes	✓*						✓* DF cheese available							
Roast chicken, mini roast potatoes, seasonal vegetables														
Veggie sausages, mini roast potatoes, seasonal vegetables	✓					✓								
Chocolate sponge & custard	✓		✓				✓* without custard							
Pepperoni pizza, chips & beans	✓*						✓*							
Cheese & tomato pizza, chips & beans	✓*						✓*							
Vanilla ice-cream							✓*							
Chicken fajita wrap, chips & peas	✓*						✓* DF cheese available							
Fish fingers, chips & peas	✓*			✓										
Rainbow cake	✓		✓											

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