

Class:

St Andrew's CE (VA) Infant School – School Menu Card - 3-week rota

September 2025 – December 2025

Name:

ALL MENUS SUBJECT TO AVAILABILITY OF PRODUCE

Allergies or intolerances (please complete if necessary).....

Week 1

	Monday	✓	Tuesday	✓	Wednesday	✓	Thursday	✓	Friday	✓
Mains – tick 1 (✓)	Breakfast for Lunch Bacon, Sausage (Ve opt), Hash Brown, Beans, Scrambled Egg & Toast		Spaghetti Bolognese Garlic Bread Peas 		Roast Pork & Gravy Mini Roast Potatoes Peas & Carrots		Pepperoni Pizza Chips Beans or Peas 		Fish Fingers (Ve option available) Chips Peas or Beans	
	Jacket Potato Cheese (V) or Beans (Ve) or Tuna Mayo (please circle) 		Vegetarian Enchiladas (V) Rice Salad		Quorn Fillet & Gravy (Ve) Mini Roast Potatoes Peas & Carrots 		Cheese & Tomato Pizza (V) Chips Beans or Peas		Tuna Pasta Bake Garlic Bread Peas 	
	Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad		Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad		Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad		Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad		Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad	
tick 1 (✓)	Oat Biscuit		Marble Cake & Custard		Rice Pudding & Jam 		School Cake & Pink Custard		Flapjack	
	Fromage Frais		Fromage Frais 		Fromage Frais		Fromage Frais 		Fromage Frais	
	Fruit 		Fruit		Fruit		Fruit		Fruit 	

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	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soya/soy	Milk/Dairy	Nuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphates (above 10mg/kg or 10mg/L)	Lupin	Molluscs
Breakfast for lunch	✓*		✓* without egg											
Jacket potato – cheese, beans or tuna			✓ tuna	✓ tuna			✓* DF cheese available							
Ham sandwich	✓*													
Cheese sandwich	✓*						✓* DF cheese available							
Tuna sandwich	✓*		✓	✓										
Oat Biscuit	✓													
Fromage frais							✓*							
Spaghetti Bolognese, garlic bread & peas	✓*													
Vegetable enchiladas, rice & salad	✓						✓*							
Marble cake & custard	✓		✓				✓* DF without custard							
Roast pork & gravy, mini roast potatoes and peas & carrots														
Quorn fillet & gravy, mini roast potatoes and peas & carrots	✓													
Rice Pudding & Jam							✓							
Pepperoni pizza, chips, beans or peas	✓*						✓*							
Cheese & tomato pizza, chips, beans or peas	✓*						✓*							
School cake & pink custard	✓		✓				✓* DF without custard							
Fish fingers, chips & peas or beans	✓*			✓										
Tuna pasta bake, garlic bread and peas	✓			✓			✓							
Flapjack	✓													

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Week 2

	Monday	✓	Tuesday	✓	Wednesday	✓	Thursday	✓	Friday	✓
Mains – tick 1 (✓)	Cheese & Bean Pinwheel (V) Herby Potatoes Beans		Sausage & Mash (Ve opt) Gravy Peas or Sweetcorn 		Gammon Mini Roast Potatoes Seasonal Veg		Ham Pizza Potato Wedges Beans or Sweetcorn 		Chicken Goujons (Halal) Chips Rainbow Salad	
	Tomato & Basil Pasta (Ve) Garlic Bread 		Macaroni Cheese Garlic Bread Peas or Sweetcorn		Quorn Fillet in Gravy (Ve) Mini Roast Potatoes Seasonal Veg 		Cheese & Tomato Pizza (V) Potato Wedges Beans or Sweetcorn		Vegetable Nuggets (Ve) Chips Rainbow Salad 	
	Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad		Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad		Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad		Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad		Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad	
tick 1 (✓)	Chocolate Sponge & Custard 		Flapjack		Fruit Crumble & Custard		Vanilla Ice-Cream 		Chocolate Chip Cookie	
	Fromage Frais		Fromage Frais 		Fromage Frais		Fromage Frais		Fromage Frais 	
	Fruit		Fruit		Fruit 		Fruit		Fruit	

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Cheese & bean pinwheel, herby potatoes & beans	✓						✓* DF cheese available							
Tomato & basil pasta, garlic bread	✓*													
Ham sandwich	✓*													
Cheese sandwich	✓*						✓* DF cheese available							
Tuna sandwich	✓*		✓	✓										
Chocolate sponge & custard	✓		✓				✓* DF without custard							
Fromage frais							✓*							
Sausage & mash, gravy, peas or sweetcorn	✓*													
Mac & cheese, garlic bread, peas or sweetcorn	✓						✓							
Flapjack	✓													
Roast gammon, roast potatoes & seasonal vegetables														
Quorn fillet in gravy, roast potatoes & seasonal vegetables	✓													
Fruit crumble & custard	✓						✓* DF without custard							
Ham pizza, potato wedges & beans or sweetcorn	✓*						✓* DF cheese available							
Cheese & tomato pizza, potato wedges & beans or sweetcorn	✓*						✓* DF cheese available							
Vanilla ice-cream							✓*							
Chicken goujons, chips & rainbow salad	✓*													
Vegetable nuggets, chips & rainbow salad	✓													
Chocolate chip cookie	✓													

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Week 3

	Monday	✓	Tuesday	✓	Wednesday	✓	Thursday	✓	Friday	✓
Mains – tick 1 (✓)	Cowboy Pie (sausage & beans topped with cheesy mash) Peas		Lasagne Garlic Bread Salad Sticks 		Roast Chicken & Gravy Mash Potato Yorkshire Pudding Peas		Pepperoni Pizza  Chips Peas and Sweetcorn		Cod Bites (Ve opt) Chips Peas 	
	Tomato & Basil Pasta (Ve) Garlic Bread  Peas		Savory Stuffed Jacket Potatoes (contains bacon but VE opt available) Salad Sticks		Quorn Fillet in Gravy (V) Mash Potato  Yorkshire Pudding Peas		Cheese and Tomato Pizza (V) Chips Peas and Sweetcorn		Cheese & Tomato Tortilla Stack (Ve opt) Rice Peas or Sweetcorn	
	Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad		Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad		Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad		Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad		Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) Sandwich (please circle which option) and salad	
tick 1 (✓)	Rainbow Cake		Cheese, Crackers & Grapes		Ginger Sponge & Custard 		Vanilla Ice-Cream		Oat Biscuit	
	Fromage Frais		Fromage Frais 		Fromage Frais		Fromage Frais 		Fromage Frais	
	Fruit 		Fruit		Fruit		Fruit		Fruit 	

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Cowboy pie & peas	✓*						✓							
Tomato & basil pasta, garlic bread & peas	✓*													
Ham sandwich	✓*													
Cheese sandwich	✓*						✓* DF cheese available							
Tuna sandwich	✓*		✓	✓										
Rainbow cake	✓		✓											
Fromage frais							✓*							
Lasagne, garlic bread & salad sticks	✓		✓				✓							
Savoury stuffed jacket potatoes							✓* DF cheese available							
Cheese, crackers & grapes	✓*						✓* DF cheese available							
Roast chicken, mash potato, Yorkshire pudding & peas	✓* without YP		✓* without YP											
Quorn fillet, mash potato, Yorkshire pudding & peas	✓		✓* without YP											
Ginger sponge & custard	✓		✓				✓* DF without custard							
Pepperoni pizza, chips, peas & sweetcorn	✓*						✓*							
Cheese & tomato pizza, chips, peas & sweetcorn	✓*						✓*							
Vanilla ice-cream							✓*							
Cod bites	✓*			✓										
Cheese & tomato tortilla stack	✓						✓* DF cheese available							
Oat Biscuit	✓													

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