

Class:

St Andrew's CE (VA) Infant School – School Menu Card - 3-week rota  
January 2026 – April 2026

Name:

ALL MENUS SUBJECT TO AVAILABILITY OF PRODUCE

Allergies or intolerances (please complete if necessary).....

**Week 1**

|                    | Monday                                                                                                                              | ✓ | Tuesday                                                                                                                                    | ✓ | Wednesday                                                                                                                                           | ✓ | Thursday                                                                                                                                       | ✓ | Friday                                                                                                                                 | ✓ |
|--------------------|-------------------------------------------------------------------------------------------------------------------------------------|---|--------------------------------------------------------------------------------------------------------------------------------------------|---|-----------------------------------------------------------------------------------------------------------------------------------------------------|---|------------------------------------------------------------------------------------------------------------------------------------------------|---|----------------------------------------------------------------------------------------------------------------------------------------|---|
| Mains – tick 1 (✓) | Mild Chicken Tikka Masala<br>Rice, Peas & Naan<br> |   | Sausage & Mash (Ve option available)<br>Gravy & Peas                                                                                       |   | Gammon & Gravy<br>Homemade Roast Potatoes & Mixed Vegetables<br> |   | Ham Pizza<br>Chips, Sweetcorn & Coleslaw                                                                                                       |   | Fish Fillet (Ve option available)<br>Chips Peas<br> |   |
|                    | Tomato & Basil Pasta (Ve)<br>Garlic Bread (V) & Peas                                                                                |   | Vegetarian Chilli with Quorn Mince (V)<br>Rice & Peas<br> |   | Vegan Sausage Roll (Ve)<br>Homemade Roast Potatoes & Mixed Vegetables                                                                               |   | Cheese & Tomato Pizza (V)<br>Chips Sweetcorn & Coleslaw<br> |   | Veggie Nuggets (Ve)<br>Chips Peas                                                                                                      |   |
|                    | Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) <u>OR</u> Egg Mayo (V)<br>Sandwich (please circle which option)                             |   | Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) <u>OR</u> Egg Mayo (V)<br>Sandwich (please circle which option)                                    |   | Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) <u>OR</u> Egg Mayo (V)<br>Sandwich (please circle which option)                                             |   | Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) <u>OR</u> Egg Mayo (V)<br>Sandwich (please circle which option)                                        |   | Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) <u>OR</u> Egg Mayo (V)<br>Sandwich (please circle which option)                                |   |
|                    |                                                                                                                                     |   |                                                                                                                                            |   |                                                                                                                                                     |   |                                                                                                                                                |   |                                                                                                                                        |   |
| tick 1 (✓)         | Marble Cake & Custard                                                                                                               |   | Oat Biscuit                                                                                                                                |   | Rice Pudding & Jam<br>                                         |   | Jelly                                                                                                                                          |   | Chocolate Chip Cookie<br>                         |   |
|                    | Fromage Frais                                                                                                                       |   | Fromage Frais<br>                                       |   | Fromage Frais                                                                                                                                       |   | Fromage Frais                                                                                                                                  |   | Fromage Frais                                                                                                                          |   |
|                    | Fruit<br>                                        |   | Fruit                                                                                                                                      |   | Fruit                                                                                                                                               |   | Fruit<br>                                                 |   | Fruit                                                                                                                                  |   |

***We WILL change your child's menu if they are not happy with their choice. Please contact the office if you have any queries.***

|                                                                | Gluten             | Crustaceans | Eggs                | Fish | Peanuts | Soya/soy | Milk/Dairy              | Nuts | Celery | Mustard | Sesame | Sulphur dioxide/sulphates (above 10mg/kg or 10mg/L) | Lupin | Molluscs |
|----------------------------------------------------------------|--------------------|-------------|---------------------|------|---------|----------|-------------------------|------|--------|---------|--------|-----------------------------------------------------|-------|----------|
| Mild chicken tikka, rice, naan & peas                          | ✓* without naan    |             |                     |      |         |          | ✓                       |      |        |         |        |                                                     |       |          |
| Tomato & Basil pasta, garlic bread & peas                      | ✓*                 |             |                     |      |         |          | ✓* without garlic bread |      |        |         |        |                                                     |       |          |
| Ham sandwich                                                   | ✓*                 |             |                     |      |         |          |                         |      |        |         |        |                                                     |       |          |
| Cheese sandwich                                                | ✓*                 |             |                     |      |         |          | ✓* DF cheese available  |      |        |         |        |                                                     |       |          |
| Tuna sandwich                                                  | ✓*                 |             | ✓                   | ✓    |         |          |                         |      |        |         |        |                                                     |       |          |
| Egg sandwich                                                   | ✓*                 |             | ✓                   |      |         |          |                         |      |        |         |        |                                                     |       |          |
| Marble cake & custard                                          | ✓                  |             | ✓                   |      |         |          | ✓* DF without custard   |      |        |         |        |                                                     |       |          |
| Fromage frais                                                  |                    |             |                     |      |         | ✓ in DF  | ✓*                      |      |        |         |        |                                                     |       |          |
| Sausage, mash, peas, & gravy                                   | ✓* meat<br>✓ vegan |             |                     |      |         |          |                         |      |        |         |        |                                                     |       |          |
| Vegetarian chilli with Quorn mince, rice & peas                | ✓*                 |             | ✓                   |      |         |          |                         |      |        |         |        |                                                     |       |          |
| Oat Biscuit                                                    | ✓                  |             |                     |      |         |          |                         |      |        |         |        |                                                     |       |          |
| Gammon & gravy, homemade roast potatoes & mixed vegetables     |                    |             |                     |      |         |          |                         |      |        |         |        |                                                     |       |          |
| Vegan sausage roll, homemade roast potatoes & mixed vegetables | ✓                  |             |                     |      |         |          |                         |      |        |         |        |                                                     |       |          |
| Rice Pudding & Jam                                             |                    |             |                     |      |         |          | ✓                       |      |        |         |        |                                                     |       |          |
| Ham pizza, chips, sweetcorn & coleslaw                         | ✓*                 |             | ✓* without coleslaw |      |         |          | ✓*                      |      |        |         |        |                                                     |       |          |
| Cheese & tomato pizza, chips, sweetcorn & coleslaw             | ✓*                 |             | ✓* without coleslaw |      |         |          | ✓*                      |      |        |         |        |                                                     |       |          |
| Jelly (contains gelatine)                                      |                    |             |                     |      |         |          |                         |      |        |         |        |                                                     |       |          |
| Fish fillet, chips & peas                                      | ✓*                 |             |                     | ✓    |         |          |                         |      |        |         |        |                                                     |       |          |
| Veggie nuggets, chips & peas                                   | ✓                  |             |                     |      |         |          |                         |      |        |         |        |                                                     |       |          |
| Chocolate chip cookie                                          | ✓                  |             |                     |      |         | ✓        |                         |      |        |         |        |                                                     |       |          |

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**Week 2**

|                    | Monday                                                                                                                                          | ✓ | Tuesday                                                                                                                            | ✓ | Wednesday                                                                                                                     | ✓ | Thursday                                                                                                                                | ✓ | Friday                                                                                                                        | ✓ |
|--------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|---|------------------------------------------------------------------------------------------------------------------------------------|---|-------------------------------------------------------------------------------------------------------------------------------|---|-----------------------------------------------------------------------------------------------------------------------------------------|---|-------------------------------------------------------------------------------------------------------------------------------|---|
| Mains – tick 1 (✓) | Penne Pasta in Tomato & Red Pepper Sauce (Ve)<br>Garlic Bread  |   | Spaghetti Bolognese<br>Garlic Bread<br>Peas                                                                                        |   | Roast Chicken<br>Mash Potatoes<br>Carrots  |   | Pepperoni Pizza<br>Chips<br>Beans or Peas                                                                                               |   | Chicken Goujons (Halal)<br>Chips<br>Beans  |   |
|                    | Jacket Potato<br>Cheese (V) or Beans (Ve) or Tuna Mayo (please circle)                                                                          |   | Cheese & Broccoli Pasta Bake (V)<br>Garlic Bread  |   | Plant Based Fillet (Ve)<br>Mash Potatoes<br>Seasonal Veg & Gravy                                                              |   | Cheese & Tomato Pizza (V)<br>Chips<br>Beans or Peas  |   | Vegetable Burger (Ve option available)<br>Chips<br>Beans                                                                      |   |
|                    | Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) <u>OR</u> Egg Mayo (V) Sandwich (please circle which option) with salad sticks                          |   | Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) <u>OR</u> Egg Mayo (V) Sandwich (please circle which option) with salad sticks             |   | Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) <u>OR</u> Egg Mayo (V) Sandwich (please circle which option) with salad sticks        |   | Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) <u>OR</u> Egg Mayo (V) Sandwich (please circle which option) with salad sticks                  |   | Ham <u>OR</u> Tuna <u>OR</u> Cheese (V) <u>OR</u> Egg Mayo (V) Sandwich (please circle which option) with salad sticks        |   |
| tick 1 (✓)         | Chocolate Sponge & Custard                                   |   | Flapjack                                                                                                                           |   | Rainbow Cake                                                                                                                  |   | Jelly                                              |   | Chocolate Crispie Bun                                                                                                         |   |
|                    | Fromage Frais                                                                                                                                   |   | Fromage Frais                                   |   | Fromage Frais                                                                                                                 |   | Fromage Frais                                                                                                                           |   | Fromage Frais                            |   |
|                    | Fruit                                                                                                                                           |   | Fruit                                                                                                                              |   | Fruit                                    |   | Fruit                                                                                                                                   |   | Fruit                                                                                                                         |   |

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|                                                            | Gluten | Crustaceans | Eggs   | Fish   | Peanuts | Soya/soy   | Milk/Dairy              | Nuts | Celery | Mustard | Sesame | Sulphur<br>dioxide/sulphates<br>(above 10mg/kg<br>or 10mg/L) | Lupin | Molluscs |
|------------------------------------------------------------|--------|-------------|--------|--------|---------|------------|-------------------------|------|--------|---------|--------|--------------------------------------------------------------|-------|----------|
| Penne pasta in tomato & red pepper sauce with garlic bread | ✓*     |             |        |        |         |            | ✓* without garlic bread |      |        |         |        |                                                              |       |          |
| Jacket potato – cheese, beans or tuna                      |        |             | ✓ tuna | ✓ tuna |         |            | ✓* DF cheese available  |      |        |         |        |                                                              |       |          |
| Ham sandwich                                               | ✓*     |             |        |        |         |            |                         |      |        |         |        |                                                              |       |          |
| Cheese sandwich                                            | ✓*     |             |        |        |         |            | ✓* DF cheese available  |      |        |         |        |                                                              |       |          |
| Tuna sandwich                                              | ✓*     |             | ✓      | ✓      |         |            |                         |      |        |         |        |                                                              |       |          |
| Egg sandwich                                               | ✓*     |             | ✓      |        |         |            |                         |      |        |         |        |                                                              |       |          |
| Chocolate cake & custard                                   | ✓      |             | ✓      |        |         |            | ✓* DF without custard   |      |        |         |        |                                                              |       |          |
| Fromage frais                                              |        |             |        |        |         | ✓ in<br>DF | ✓*                      |      |        |         |        |                                                              |       |          |
| Spaghetti Bolognese, garlic bread & peas                   | ✓*     |             |        |        |         |            |                         |      |        |         |        |                                                              |       |          |
| Cheese & broccoli pasta bake, garlic bread & peas          | ✓*     |             |        |        |         |            | ✓                       |      |        |         |        |                                                              |       |          |
| Flapjack                                                   | ✓      |             |        |        |         |            |                         |      |        |         |        |                                                              |       |          |
| Roast chicken, mash potatoes & carrots                     |        |             |        |        |         |            |                         |      |        |         |        |                                                              |       |          |
| Quorn sausage, mash potatoes, seasonal vegetables & gravy  | ✓      |             |        |        |         |            |                         |      |        |         |        |                                                              |       |          |
| Rainbow Cake                                               | ✓      |             | ✓      |        |         |            |                         |      |        |         |        |                                                              |       |          |
| Pepperoni pizza, chips & beans or peas                     | ✓*     |             |        |        |         |            | ✓* DF cheese available  |      |        |         |        |                                                              |       |          |
| Cheese & tomato pizza, chips & beans or peas               | ✓*     |             |        |        |         |            | ✓* DF cheese available  |      |        |         |        |                                                              |       |          |
| Jelly (contains gelatine)                                  |        |             |        |        |         |            |                         |      |        |         |        |                                                              |       |          |
| Chicken goujons, chips & beans                             | ✓*     |             |        |        |         | ✓          |                         |      |        |         |        |                                                              |       |          |
| Vegetable burger, chips & beans                            | ✓      |             |        |        |         | ✓          |                         |      |        |         |        |                                                              |       |          |
| Chocolate crispie bun                                      | ✓      |             |        |        |         | ✓          | ✓                       |      |        |         |        |                                                              |       |          |

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**Week 3**

|                    | Monday                                                                                                                   | ✓ | Tuesday                                                                                                                                          | ✓ | Wednesday                                                                                                     | ✓ | Thursday                                                                                                                           | ✓ | Friday                                                                                                                                      | ✓ |
|--------------------|--------------------------------------------------------------------------------------------------------------------------|---|--------------------------------------------------------------------------------------------------------------------------------------------------|---|---------------------------------------------------------------------------------------------------------------|---|------------------------------------------------------------------------------------------------------------------------------------|---|---------------------------------------------------------------------------------------------------------------------------------------------|---|
| Mains – tick 1 (✓) | Sweet & Sour Chicken<br>Rice & Peas<br> |   | Meatballs<br>Mash Potato, Onion<br>Gravy & Carrots                                                                                               |   | Roast Pork & Gravy (Ve<br>option available)<br>Homemade Roast Potatoes<br>Mixed Vegetables & Gravy            |   | Pepperoni Pizza<br>Chips<br>Peas & Coleslaw<br> |   | Sliders<br>Chips<br>Sweetcorn & Coleslaw                                                                                                    |   |
|                    | Cheese & Onion<br>Shortcrust Pie (V) (Ve<br>available)<br>Beans                                                          |   | Veggie Sausage (V)<br>Mash Potato, Onion<br>Gravy & Carrots<br> |   | Plant Based Meatballs (Ve)<br>Homemade Roast Potatoes<br>Mixed Vegetables & Gravy                             |   | Cheese and Tomato<br>Pizza (V)<br>Chips<br>Peas & Coleslaw                                                                         |   | Veggie Fingers (Ve)<br>Chips<br>Sweetcorn & Coleslaw<br> |   |
|                    | Ham <u>OR</u> Tuna <u>OR</u><br>Cheese (V) <u>OR</u> Egg Mayo<br>(V) Sandwich (please<br>circle which option)            |   | Ham <u>OR</u> Tuna <u>OR</u><br>Cheese (V) <u>OR</u> Egg Mayo<br>(V) Sandwich (please<br>circle which option)                                    |   | Ham <u>OR</u> Tuna <u>OR</u> Cheese<br>(V) <u>OR</u> Egg Mayo (V)<br>Sandwich (please circle<br>which option) |   | Ham <u>OR</u> Tuna <u>OR</u><br>Cheese (V) <u>OR</u> Egg Mayo<br>(V) Sandwich (please<br>circle which option)                      |   | Ham <u>OR</u> Tuna <u>OR</u> Cheese<br>(V) <u>OR</u> Egg Mayo (V)<br>Sandwich (please circle<br>which option)                               |   |
| tick 1 (✓)         | Rainbow Cake &<br>Custard                                                                                                |   | Flapjack                                                                                                                                         |   | Banana Cake<br>          |   | Jelly                                                                                                                              |   | Oat Biscuit                                                                                                                                 |   |
|                    | Fromage Frais                                                                                                            |   | Fromage Frais<br>                                             |   | Fromage Frais                                                                                                 |   | Fromage Frais                                                                                                                      |   | Fromage Frais<br>                                      |   |
|                    | Fruit<br>                             |   | Fruit                                                                                                                                            |   | Fruit                                                                                                         |   | Fruit<br>                                     |   | Fruit                                                                                                                                       |   |

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|                                                                 | Cereals<br>containing gluten | Crustaceans | Eggs                | Fish | Peanuts | Soya/soy | Milk/Dairy             | Nuts | Celery | Mustard | Sesame | Sulphur<br>dioxide/sulphates<br>(above 10mg/kg<br>or 10mg/L) | Lupin | Molluscs |
|-----------------------------------------------------------------|------------------------------|-------------|---------------------|------|---------|----------|------------------------|------|--------|---------|--------|--------------------------------------------------------------|-------|----------|
| Sweet & sour chicken, rice & peas                               |                              |             |                     |      |         |          |                        |      |        |         |        |                                                              |       |          |
| Cheese & onion shortcrust pie & beans                           | ✓*                           |             |                     |      |         |          | ✓* DF cheese available |      |        |         |        |                                                              |       |          |
| Ham sandwich                                                    | ✓*                           |             |                     |      |         |          |                        |      |        |         |        |                                                              |       |          |
| Cheese sandwich                                                 | ✓*                           |             |                     |      |         |          | ✓* DF cheese available |      |        |         |        |                                                              |       |          |
| Tuna sandwich                                                   | ✓*                           |             | ✓                   | ✓    |         |          |                        |      |        |         |        |                                                              |       |          |
| Egg sandwich                                                    | ✓                            |             | ✓                   |      |         |          |                        |      |        |         |        |                                                              |       |          |
| Rainbow cake & custard                                          | ✓                            |             | ✓                   |      |         |          | ✓* DF without custard  |      |        |         |        |                                                              |       |          |
| Fromage fraise                                                  |                              |             |                     |      |         | ✓ in DF  | ✓*                     |      |        |         |        |                                                              |       |          |
| Meatballs, mash potato, onion gravy & carrots                   | ✓                            |             |                     |      |         | ✓        |                        |      |        |         |        | ✓                                                            |       |          |
| Veggie sausage, mash potato & gravy                             | ✓                            |             |                     |      |         |          | ✓* DF cheese available |      |        |         |        |                                                              |       |          |
| Flapjack                                                        | ✓                            |             |                     |      |         |          |                        |      |        |         |        |                                                              |       |          |
| Roast pork, homemade roast potatoes, mixed vegetables & gravy   |                              |             |                     |      |         |          |                        |      |        |         |        |                                                              |       |          |
| Plant based meatballs, roast potatoes, mixed vegetables & gravy |                              |             |                     |      |         | ✓        |                        |      |        |         |        |                                                              |       |          |
| Banana cake                                                     | ✓                            |             | ✓                   |      |         |          |                        |      |        |         |        |                                                              |       |          |
| Pepperoni pizza, chips, peas & coleslaw                         | ✓*                           |             | ✓* without coleslaw |      |         |          | ✓* DF cheese available |      |        |         |        |                                                              |       |          |
| Cheese & tomato pizza, chips, peas & coleslaw                   | ✓*                           |             | ✓* without coleslaw |      |         |          | ✓* DF cheese available |      |        |         |        |                                                              |       |          |
| Jelly                                                           |                              |             |                     |      |         |          |                        |      |        |         |        |                                                              |       |          |
| Sliders, chips, sweetcorn & coleslaw                            | ✓*                           |             | ✓* without coleslaw |      |         |          |                        |      |        |         |        |                                                              |       |          |
| Veggie fingers, chips, sweetcorn & coleslaw                     | ✓                            |             | ✓* without coleslaw |      |         |          |                        |      |        |         |        |                                                              |       |          |
| Oat Biscuit                                                     | ✓                            |             |                     |      |         |          |                        |      |        |         |        |                                                              |       |          |

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